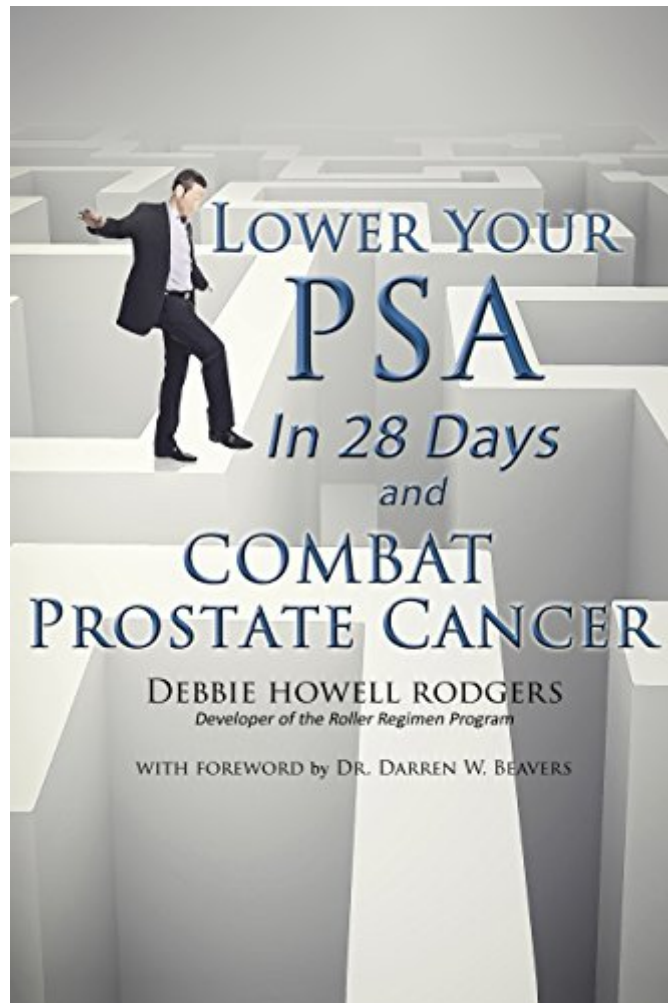




The book was found

Lower Your PSA In 28 Days And Combat Prostate Cancer



Synopsis

PROSTATE PROBLEMS? HIGH PSA?READY TO ESCAPE THE MAZE OF PROSTATE TREATMENTS?GIVE THE ROLLER REGIMEN PROGRAM 28 DAYS!Prostate dis-ease brings about a maze of hazy information and brutal treatments—cutting, biopsies, chemotherapy, cryosurgery, radiation, and the list goes on! Why not take the 28-day route to good health and escape the potential side effects of impotency and incontinence? After my initial visit and first biopsy, the urologist determined I had Stage 1 prostate cancer and a PSA of 5.0. I was scheduled for a re-examination in 6 weeks with prostate surgery to follow immediately afterward. However, I was haunted by what I had heard from other men who had gone through the surgeries and other treatments—"Impotency! Incontinence!" Luckily, I was married to a tenacious woman who said, "There has to be another solution, we can't just give up, roll over and let them do this to you—and to US!"We had only been married for 6 years, still newlyweds. Our minds screamed—THERE HAS TO BE ANOTHER WAY! And, gentlemen, I am here to tell you—THERE IS!After researching and deciding against further medical treatments, we developed a completely non-invasive 28-day program which offers no side effects—The Roller Regimen Program. It entails a healthy, real-food diet, a few inexpensive over-the-counter supplements, and simple acupressure point stimulation (on the hand). It encompasses a menu plan, grocery lists, and even recipes. It not only lowered my PSA four times (by as much as 60% in 28 days), but my initial Stage 1 prostate cancer was eliminated with no reoccurrence after 10 years. 28 days VERSUS MY LIFE and OUR SEX LIFE, for us the decision was easy! If you are ready to escape the maze, give the Roller Regimen Program 28 days. WHAT HAVE YOU GOT TO LOSE?Warren M. Rodgers

Book Information

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Customer Reviews

Not as helpful as I wished- may be okay for others- just not me

I was told after my hospital biopsy i was diagnostic with prostate Cancer non stage in dec 2016. The book was such more help in these point of my life. Thanks for all your Help from my personally and my family. I am not out off the woods but i felt a lot better and takin charge of my help. i will keep you posted,

To Debbie and Warren: I followed your book, "LOWER YOUR PSA IN 28 DAYS and COMBAT PROSTATE CANCER" with the encouragement and dedication from my wife Maggie. My PSA was 5.1, and the doctor had alluded to the fact that I might have cancer and ordered the biopsy. I had the luxury, if you will, of having 8 weeks before my biopsy; so, for those 8 weeks I followed the diet strictly and used the roller on my hand without fail. At the time of my biopsy my physician said the PSA level would not be checked again for 6 to 8 weeks following the biopsy due to the fact my PSA would be greatly elevated due to the biopsy procedure. Long story short, I went to my regular physician, one week following my biopsy procedure, and begged her to check it. My PSA level came back 3.8 which she said would be elevated after the biopsy. That is still a 25% drop. The BEST news was that I did not have cancer and a great by-product of following the plan was that I dropped 20 lbs.! I have Osteo-Arthritis and am always in pain;. however, I have been virtually pain free since following this program and I have had no pain relieving chemicals since I started the program! I am like a NEW PERSON!! A Sincere Heartfelt Thanks!!! Sam & Maggie

I ordered "LOWER YOUR PSA IN 28 DAYS AND COMBAT PROSTATE CANCER" by Debbie Howell Rodgers several months ago. My PSA level was 4.0 before I started the 28 day program.

Long story short, after completing the easy to follow program my PSA level was reduced to 2.7. My PSA levels were provided by the VA and they were really surprised at the results. Thank you Debbie Howell Rodgers

Excellent book and easy to follow guidelines. Completely doable.

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